



**THE  
DUNKIN'  
RUN**

**Arc Race  
2019**

**We're  
forming  
a team!**

**5K • Half Marathon • 3K Fun Walk  
KIDS 1 Mile Fun Run**

**Saturday, September 7th**  
Long Branch Park, Liverpool

**Our Team Information:**

Get additional details  
**[arcrace.org](http://arcrace.org)**

# Dunkin Run Arc Race 2019 - Team Member Registration



**i Team Captain:** Please have each team participant complete one of these forms. Make additional copies as necessary, or contact Arc for more materials at 315.476.7441.

Name:

Address:

City:

State:

Zip:

Phone:

Alt. Phone:

Email:

Age on race day:

Gender:  F  M

Required to accurately place each participant in appropriate category for prizes

## Team Information

Team Name:

Team Captain:

## Payment Information

Team is paying for registration

Check or Money Order is enclosed

Credit Card:  Visa  MasterCard  American Express  Discover

Credit Card Number:

Cardholder Signature:

Expiration Date:

T-shirt Size:  S  M  L  XL  Youth

Event **Prices valid for registrations until September 6th. Add \$5 for Race Day signups.**

5K (\$45)  Half Marathon (\$55)  3K Fun Walk (\$30)  KIDS 1 Mile (\$10)

Please Read and Sign (required)

I agree to hold harmless NYSARC, Arc of Onondaga, the Arc of Onondaga Foundation, the Race committee, volunteers, sponsors and Onondaga County from all cost and liability arising out of my participation. I hereby waive all my claims for damage or loss to my person or property which may be caused directly or indirectly from my participation and hereby assume liability for any loss, damage or other liability from Arc Race 2011. I give my permission for medical releases should I be involved in any accident or health-damaging situation or should I require a form of medical treatment. I hereby attest that I am in proper health and physical condition to participate. I hereby grant full permission to use any photographs, videotapes, recordings or any other record of this event for promotional purposes. I have read the above release and agree to the terms.

**X Signature:**

(signature of parent if minor)

Check here to decline a complimentary Arc of Onondaga membership. Membership in Arc increases our voice within our state legislature and NYSARC, and is free to you. Check this box only if you wish to decline your free membership status.