# ANNUAL REPORT 2016



Phone: 315.476.7441 600 South Wilbur Avenue Syracuse, New York 13204



#### Dear Friends,

If we could sum up 2016 in one word it would have to be...Success! As we find ourselves saying year after year, the nature of the field of providing supports and services to people with disabilities, and the philosophy behind that service delivery, is constantly evolving. Every year we are challenged to do more with less, accept and embrace change, and proactively and innovatively respond to new ways of thinking. In 2016 we were faced with rate rationalizations, the reality of our sheltered workshops closing, and centralizing services. Yet it's not the challenges we're faced with, but rather how we embrace challenge which defines success.

Throughout the year, our focus remained steadfast on the two most important aspects in our field: providing the highest quality supports and services, and putting the individuals we serve first. We were able to realistically evaluate how our programs operate and look for ways to improve upon them, expand our existing community partnerships and create new ones, and find ways to increase involvement at various levels of service by the individuals we support.

By looking at the whole person instead of focusing merely on the services they receive, we were able to implement centralized plan coordination and centralized nursing -transitioning away from setting divisional and programmatic goals and developing a more integrated, person-centered approach to providing supports. By promoting choice and providing options, the individuals we support were able to explore new places and engage in new activities, resulting in increased program participation and community interconnectedness. By providing more opportunities for integrated employment, employees who may have once been hesitant to venture outside of sheltered workshops are gaining confidence and newfound independence. By challenging our staff to rethink their roles as supporters instead of caregivers, we've been able to empower individuals to make decisions and take an active role in their own lives.

It has become increasingly clear that change is not just something we must accept, but should embrace. How we provided care in the past may no longer be viable, and how we will deliver services in the future is changing. What we do know is that as the field of human services continues to change, we must evolve with it by providing meaningful, proactive and successful options for the people who depend on us.

Sincerely,

Elleftmalke

Aca-

Ellen Gutmaker **Executive Director** 

Chris Centore President of the Board of Directors



Ellen Gutmaker **Executive Director**  Chris Centore President of the Board

## **Board of Directors**

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# Succes

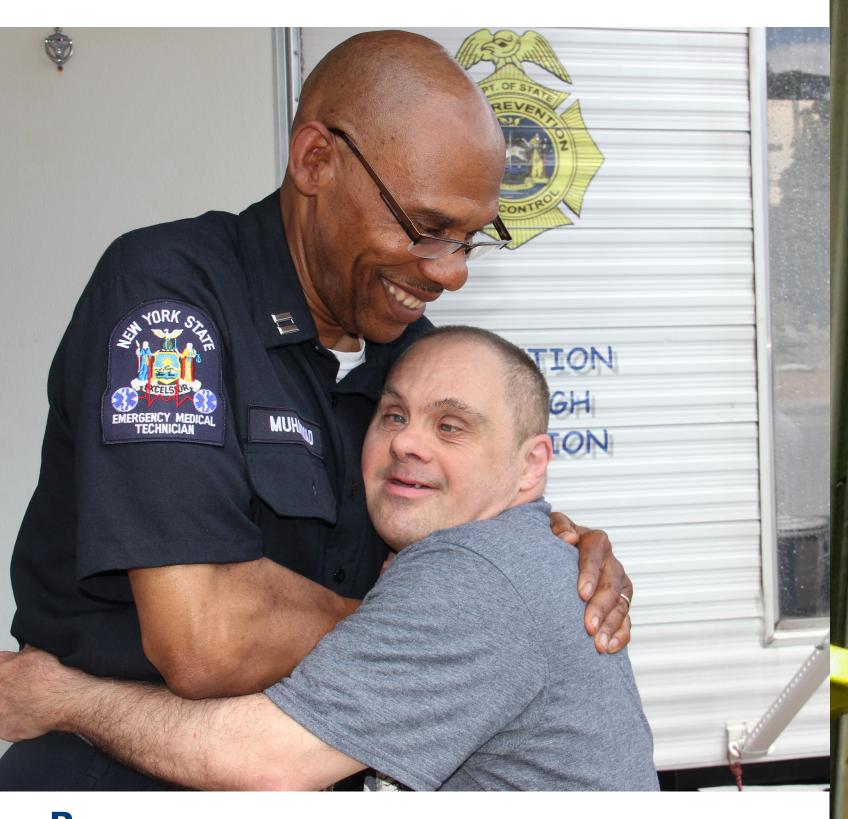
#### Supporting someone in achieving their dreams

Arc's 2016 Person of the Year Award recipient, Steve Richardson, has been a part of the Arc of Onondaga community for almost 20 years. He works at Monarch's Lowell Avenue Woodshop, lives in one of Arc's community residences, and serves on the Arc of Onondaga Safety Committee. His role on the committee encompasses more than just attending meetings, though. Because of Steve's life-long passion for safety and his drive to one day have a job in the field, he's earned increased responsibility and currently advises on policies and procedure. He presents safety trainings to staff and programs supported by Arc , conducts safety inspections at various sites, and played an integral role in facilitating and planning Arc's first-ever agency Safety Fair.





## **Being connected to community**



### Meaningful and integrated employment choices

In 2016, Arc's vocational division increased opportunities for integrated employment and continued to provide support and opportunities for individuals to work independently in the community. Production workers were hired to work alongside individuals supported by Arc –helping to meet production demand and provide integration.

Greg, a graduate of Project SEARCH, has always pushed himself to be as independent as possible and be the best worker he can be. His hard work and dedication were recognized by FedEx when he was named "Package Handler of the Month."

Residential and day programs fostered meaningful community relationships. Whether it meant taking someone who presented behavioral challenges to their first SU game, preparing and delivering holiday treats to neighbors, or delivering a hot box of coffee on a cold winter's day to the local firehouse, staff and individuals enjoyed developing new relationships outside of Arc's walls and appreciating the communities in which we live.

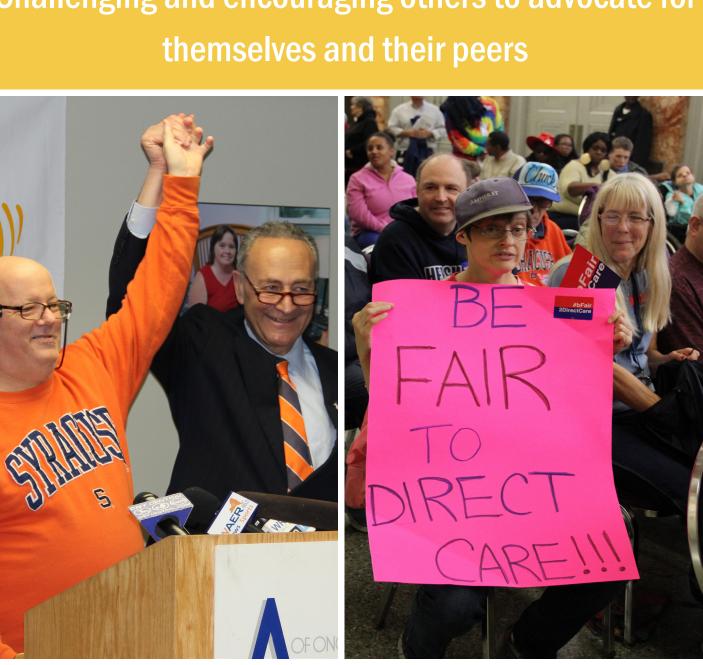


"If you want to help a person with a disability, make friends with them. Be there to support them."

saíah

## Supporting people in sharing their voice

A year ago, Isaiah was new to Arc of Onondaga. He became involved in Arc's selfadvocacy group and volunteered to be a presenter for Spread the Word to End the *Word*, a national campaign designed to educate teens at local area high schools about the stigmatizing and offensive use of the word "retard" in common vernacular. His newfound confidence gave him the courage to pursue a career of his choice and apply for a job as a receptionist at Arc of Onondaga. Isaiah is now the first face you see every afternoon as you enter the doors at Arc.



Whether sharing their collective voice through agency-wide projects such as the "ME" campaign, attending rallies in support of issues that are important to them like #bFair2DirectCare, or standing alongside US policymakers in support of independent living for all people with disabilities, Arc advocates continue to ensure their voices, and the voices of those who cannot speak for themselves, are heard.



# Challenging and encouraging others to advocate for

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# uccess is...

### Staff that understand their roles as supporters

An agency-wide culture shift from providing care to empowering individuals helped to reshape how services are provided. The "I Support..." campaign assisted staff through self-identifying how they redefine their positions; focusing on their role as supporter and encouraging individuals to make personal, professional and self-gratifying decisions for themselves.

I Support... PEOPLE WITH DISABILITIES TO LEARN VALUABLE WORK SKILLS THAT CAN HELP THEM GET A JOB IN A COMPETITIVE ENVIRONMENT.

Exploring new places, participating in new activities, volunteering in a new setting. Day Services staff are being challenged to provide new and different experiences and activities for those we support – providing individuals with greater input into options through empowerment, cooperation and collaboration.

Whether it is a trip to The Harriet Tubman House, apple picking, the SU pep rally, or some onair time with Ted & Amy at 93Q, the people we support have a greater say in and choice of how they spend their days; resulting in increased confidence and independence.



opportunities.

# **Promoting Choice**

The Midler Singers spread holiday cheer through the gift of song. Travelling with a keyboard and caroling from site to site, their successful concert at Parkside Children's Center led to a new, unexpected relationship between the adults at Midler and the children at Parkside resulting in a new partnership and monthly volunteer

#### Viewing the whole person

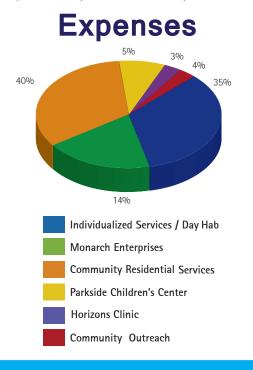
Success is ...

At the end of 2016, Arc implemented centralized plan coordination and nursing -providing a more integrated, coordinated and person-centered approach to managing services. No longer do we look at one aspect of someone's life in isolation. For those people who receive different supports from multiple areas within the agency, they can now work with one coordinator to manage the many details of their multi-faceted lives.

### 2017 Audited Financial Information - Arc of Onondaga

Arc of Onondaga's services and programs cost Over 300 people receive day services at one of over \$26 million to operate in 2017 and continue to seven sites and almost 100 more people are expand to meet the growing needs of people with employed by Monarch, Arc's vocational division. developmental disabilities in Onondaga County.

Among the individuals Arc serves, more than 100 live in residential homes and apartment settings provided by Arc's community residence program.



Diamond Circle: (\$10,000 & up) Mrs. Masue K. Bernholz Mr. Paul Drescher & Co. Ms. Carol Ann Fisher Mr. & Mrs. John Horsington Mr. Jim Moran Mr. Klaus Schroder Mr. Robert Walsh

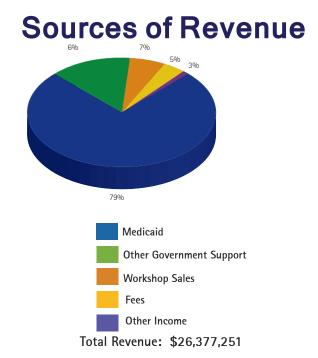
Ruby Circle: (\$5,000 - \$9,999) Mr. Mike Ferony, UPS Mr. & Mrs. Sean Broderick Mrs. Joyce Carmen Mr. & Mrs. Gordon Eyer Mr. & Mrs. William Fisher Ms. Michelle Gillespie Ms. Ellen Gutmaker

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#### Platinum Circle: (\$2,500 - \$4,999) Ms. Tiffany Bird

Mr. Daniel Bingham & Ms. Gail Hamner Silver Circle: (\$1,000-\$1,499) Mr. & Mrs. Edward Moran Mrs. Sandy Radziwon Mr. & Mrs. Gary Salibrici Mr. & Mrs. Russell Smith Mr. Sydney Tenenbaum

It takes over 500 full and part-time staff to provide Arc's high-quality services to over a thousand individuals and their family members living in Onondaga County.



#### Arc of Onondaga

Legacy of Love

Gold Circle: (\$1,500-\$2,499) Ms. Evelyn Carter, Wegmans Mr. & Mrs. Edward Dabrowski Mr. Stephen Fournier, Key Bank Mr. William Horsington Dr. & Mrs. John Sanborn Dr. and Mrs. Howard Weinstein Mr. & Mrs. John Williams Ms. Sheryl Wood

Ms. Lynne Ryan Mr. Joseph Tracy

Bronze Circle: (\$500-\$999) Mrs. Mary Andriello Mr. & Mrs. Alfred Falcone

the Arc of Onondaga Foundation, visit our website at www.arcon.org.

#### **2016 Achievement Awards Dinner**

\$10,000 and up

**Durham School Services** 

#### \$5,000 to \$9,999

Americar Wegmans

#### \$2,000 to \$4,999

Abbott-Nastri Partnership Brown & Brown Empire State Don McPherson Enterprises, LLC First Niagara Bank Mr. & Mrs. Karen and Bill Fisher **KeyBank National Association** Dr. Frank Smith The Bonadio Group

#### \$1,000 to \$1,999

ARRIS Barclay Damon BCI Empire Division Boeheim Enterprises Bond, Schoeneck & King Mr. & Mrs. Sean Broderick C & S Companies **Empower Federal Credit Union** Excellus BlueCross/BlueShield of CNY Firley, Moran, Freer & Eassa, P.C. Galaxy Communications Geddes Federal Savings & Loan Mr. & Mrs. Mark Hettler LeMoyne College Leon Shapiro Motors Sales Inc. Mackenzie Hughes LLP Ms. Marjorie Head & Mr. Mark Reid Hon. Thomas J. Murphy National Grid OneGroup Rich & Gardner Construction Co. SUNY Upstate Medical University The Bank of New York Mellon Total Advertising UPS

VNA Homecare Dr. & Mrs. Howard Weinstein Welch Allvn

#### \$500 to \$999

Avalon Document Services Catholic Charities CNY Central Media Group Community Bank, NA K-Mase Productions MACNY Modern Kitchens of Syracuse R.B. Woodcraft, Inc. Syracuse Behavioral Healthcare Syracuse.com

#### \$100 to \$499

AAV Electrical ACR Health Arise Charlene and Fred Brissette Ms. Joyce Carmen The Centers at St. Camillus Christian Brothers Academy Susan and Craig Cobb Mrs. Martha J. Cuddy Ryan D'Amico Eastern Managed Print Network Empire Archives, Inc. Judith and Gordon Eyer Food Bank of CNY Friends of the Rosamond Gifford Zoo at Burnet Park Gear Motions Foundation Gifford & West Pharmacy Virginia Goodall Ms. Ellen Gutmaker Dr. & Mrs. Thomas Haher Hancock & Estabrook, LLP Harmony Architectural Associates, PC Ms. Cheryl Herzog Hill & Markes Ianuzi & Romans Land Surveying, P.C. Jeffrey's Auto Body Inc. JGB Enterprises, Inc./Generation Power

Mrs. Peggie Keib Kinney Drugs Foundation Laci's Tapas Bar Young and Jay Lee Literacy Volunteers of Greater Syracuse Mrs. Jeannine Nolan NYSID, Inc. Ms. Patricia Oatman **Oneida Nation Foundation** Onondaga Community College Paul deLima Company Inc. Pinnacle Investments, LLC Mr. John Powers Sandra Radziwon Red House Arts Center, Inc. Melanie and Ken Richardson Ms. Lynne Ryan Mr. & Mrs. Charles and Anne Seereiter Ms. Carolyn Stark Syracuse Crunch Hockey Club Syracuse Label & Surround Printing Terek Living Trust Patti and Vince Tripoli Mr. Dene Zografos

#### Up to \$99

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#### 2016 Dunkin' Run Arc Race

\$5,000 to \$9,999 Dunkin' Donuts, Inc.

#### \$2,000 to \$4,999

Brown & Brown Empire State First Niagara Bank UPS

#### \$1,000 to \$1,999

Americar Anaren Microwave C & S Companies Don McPherson Enterprises, LLC The Bank of New York Mellon VNA Homecare

#### \$500 to \$999

BPAS

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#### \$100 to \$499

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Ms. Tiffany Bird Joanna Jewett Mrs. Peggie Keib Ms. Lynne Ryan

Voya Financial

#### 2016 Annual Appeal and **General Contributions**

#### \$10,000 and above

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P. Drescher Co., Inc. Dr. Klaus Schroder

NYSARC

#### \$5,000 to \$9,999

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#### Up to \$99

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Frances Piazza

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#### In Memory of Ginny and Bob White Mary White

In Memory of Tom Woloszyn Chervl Anne Woloszvn

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In Memory of Paul "Joe" Langley Karen Fisher

O'Brien & Gere In Kind

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#### 2016 Sensory Garden

7 Enterprises Marketing Firm LLC Ale & Angus Pub

Laci's Tapas Bar Liquor City Lisa Rossi Photography Metro Fitness Club MOST Murphy's Lock & Alarm National Baseball Hall of Fame & Museum Patience Brewster Paul deLima Company Inc. Pepsi Cola Bottling Company Peterpaul Recreation Park Phoebe's Restaurant Pole Position Raceway Price Chopper Projex 214 Ramada Carrier Circle Rilev's Sam's Club 8171 Seabreeze Amusement Park Showoffs Boutique Skaneateles Marina Spa 500 SportsNet New York Stella & Dot Stickley, Audi & Co. Syracuse Crunch Hockey Club Syracuse Stage Sysco Food Services Taylor Rental Texas Roadhouse Three Brothers Winery Toggenburg Mountain Tommy's Grass & Snow Tops Friendly Markets Twin Trees Too! Uncle Sam Boat Tours Utica Children's Museum Utica Zoo Valley View Golf WCNY TV Wegmans Food & Pharmacy WonderWorks



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