

2015 Annual Report

Phone: 315.476.7441 600 South Wilbur Avenue Syracuse, New York 13204









Dear Friends,

In 2015 we saw an agency-wide culture shift on how we not only perceive, but provide services for the individuals we support. In September, Arc of Onondaga was awarded a three-year national accreditation from the Council on Quality and Leadership –an internationally recognized non-profit agency which is dedicated to the improvement of quality of life for people receiving human services. This accreditation, and the rigorous process leading up to it, allowed us to critically look at not only how we provide services, but to learn what the people we support think about those services. We launched our first-ever "Spread the Word to End the Word" campaign –a national day dedicated to educating youth about the harmful and stigmatizing use of the "r-word" in everyday vernacular, and we were able to fully-integrate our Onondaga Blvd. Day Hab into the community through a partnership with All Saints Church.

Arc of Onondaga navigated through many changes in 2015, bringing to fruition much of what has been alluded to over the past few years. We saw rate changes, concerns about meeting HCBS waiver setting rules, decreased referrals to some of our long-standing services, and lengthy openings in our residential settings due to OPWDD control over who can move. All of this has forced us to look closely at how we do what we do – how to do it more efficiently and how to do it in a more person-centered way – proving that change, though sometimes necessary and most certainly unavoidable, can bring about new and innovative opportunities that lead to great success!

So, while the times continue to be uncertain and change remains inevitable, we still find ourselves flooded with opportunities. Opportunities to help individuals determine what matters most and help them achieve their goals. Opportunities to provide services in a different kind of way. Opportunities to make changes that are beneficial to both the people we support and employ. Opportunities that better lead to a life of inclusion and success.

Sincerely,

Ellen Gutmaker Executive Director

James Cannon
r President of the Board



Ellen Gutmaker Executive Director



James Cannon
President of the Board

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"I like doing different things. Every day we go somewhere new. I like being out." ~ Stephanie



Onondaga Blvd. successfully transitioned into a fully-integrated day hab program

Onondaga Day Hab closed its doors in 2015 and relocated its administrative offices to the All Saints School along with recreation and Milestones. The site currently houses 25 individuals and 11 staff who are hitting the streets of Onondaga County in search of new and exciting opportunities. Before officially closing their doors in September, Onondaga Day Hab spent two months "practicing" to make sure everyone was up for the new adventure. Every day the group meets and decides where to go. Sometimes they will break up and do different activities - encouraging the individuals to decide what they would like to do for the day. Some of the outings they've conquered so far include volunteering, hiking, going to the library and park, Friday morning exercise, visiting the sunflower maze in Camillius, and even enjoying a boat ride on the Erie canal.

"It was such a confidence boost. I just kept thinking, I bet this is what a promotion feels like. There are terrific people over there at the day hab. They deserve the cleanest and safest environment possible. I'm happy to be able to work for them." ~ Francis



Francis currently works weekday evenings at the West Genesee Day Habilitation site on a NYSID contract. He has been with Arc's vocational division, Monarch, for two years, and after his first year on the job, was asked if he would consider managing his own site. The first person ever to be asked to take on such a task, Francis would be required to not only work independently with minimal supervision, he would also have many additional responsibilities including keeping the keys for the building, utilizing proper time management skills, and maintaining and monitoring inventory including cleaning supplies and building necessities. The idea of having an individual maintain their own site was never even a thought until Francis came to work for Enclaves. The more staff worked with him, the more they realized how much more efficient they could be by streamlining productivity efforts and doing more with less. Francis was the first person to demonstrate all the necessary skills that would be needed for someone to work independently at his own site, including having his own transportation.

Seven individuals served through Monarch's Enclaves now work without daily supervision; managing their own site and all the responsibility that comes along with it.

The Participants Advisory council changed their name to the Participants Advocacy Council (PAC) to better reflect the work they do both in the agency and within the community.

Success is challenging and encouraging others to advocate for themselves and their peers so that their message can be shared and heard. In 2015 the PAC shared their collective voice through agency-wide projects including *Spread the Word to End the Word, I Am, and What Matters Most.* They also participated in a CQL focus group, visited with assemblymen and senators, and wrote letters to the Governor of New York State. They are a dedicated group that strive to advocate for the causes and people that matter the most to them, so they may be regarded and respected as active participants in the life of their communities.



Advocacy is...

"Giving other people a chance to speak and speaking for others who don't have a voice; bringing ideas to the table and fighting for the rights of others and being a friend" ~ Pat

"Enriching the community's voice" ~Isaiah

"Sticking up for your rights, don't let people push you around and call you names" ~Dori

"Learning new things, helping out and change" ~Lisa

"Sticking up for myself and others and being part of a group" ~Joe

Arc of Onondaga was awarded a three-year National Accreditation from the Council on Quality and Leadership (CQL), confirming their shared vision for person-centered solutions and commitment to continuously improve the quality of life for people receiving supports.



"Arc of Onondaga is commended and congratulated for achieving accreditation with CQL's Quality Assurances Accreditation methodology and for its ongoing commitment and efforts to exemplify how a singular focus on the lives of people supported leads to making meaningful discoveries about What Really Matters."

Becoming CQL certified allows Arc to better serve individuals by providing a robust person-centered approach in the services provided. It means really listening to those who receive supports to find out what matters most to them, and assisting them in finding ways to achieve those outcomes. These supports help individuals to facilitate and achieve their personal goals and aspirations. Becoming accredited is an international symbol of quality for the work we do.





"I'm thankful for the new adaptive device that was built for me because it helps me be more independent in my work area and I don't have to rely on others to do my job. I think it's important to have adaptive equipment for all people with all sorts of disabilities." ~Heather



When staff noticed Heather, who has one mobile hand, was struggling with fastening clips to an assembly wheel, they built her an adaptive device to hold the wheel in place. Now, she can fasten twice as many clips in half the amount of time, doesn't have to rely on the help of others to complete a task, and is one of the fastest workers on the workshop floor.

Opportunity is knowing that work is meaningful to the people we support. Developing person-centered vocational goals starts with understanding each individual in order to best recognize what they personally want to work for, their needs and desires.

"Becoming CQL certified allows DSP's the opportunity to really listen to individuals to find out what really matters most to them, assisting them in finding ways to achieve their own personal goals and aspirations.

Dykel Howard, Direct Suppoer Professional



first bicycle ride. Through continual encouragement and support, DSP's have been inspiring Mike to try new things. He not only was the first in his house to brave a bike ride to the end of the block and back, he has also been playing basketball at a local park with DSP Dykel and fellow housemate, and has shed pounds in his personal goal to lose weight. His enthusiasm and eagerness are infectious and have encouraged those around him to try new things as well.

2015 Audited Financial Information - Arc of Onondaga

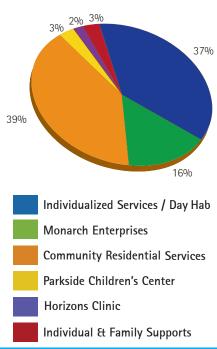
Arc of Onondaga's services and programs cost over \$26 million to operate in 2015 and is continuing to revise the supports amd services provided to meet the growing needs of people with developmental disabilities in Onondaga County.

Among the individuals Arc serves, more than 100 live in residential homes and apartment settings provided by Arc's community residence program.

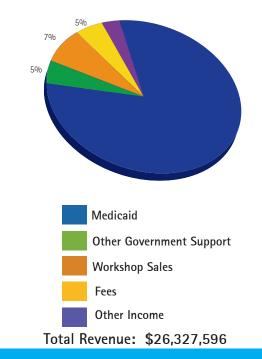
Over 300 people receive day services at one of eight sites and almost 200 more people are employed by Monarch, Arc's vocational division.

It takes approximately 500 full and part-time staff to provide Arc's high-quality services to over a thousand individuals and their family members living in Onondaga County.

Expenses



Sources of Revenue



ARC OF ONONDAGA Legacy of Love SOCIETY

Diamond Circle: (\$10,000 & up) Mrs. Masue Bernhölz

P. Drescher & Co. Ms. Carol Ann Fisher Mr. & Mrs. John Horsington Mr. Klaus Schroder Mr. Robert Walsh

Ruby Circle: (\$5,000 - \$9,999)

Mr. & Mrs. Sean Broderick Mrs. Joyce Carmen

Mr. & Mrs. Gordon Ever Mr. & Mrs. William Fisher

Ms. Michelle Gillespie

Ms. Ellen Gutmaker Mr. & Mrs. Mark Hettler

Mr. & Mrs. Dale Marris

Dr. & Mrs. David Mason Mr. James Moran

Honorable Thomas Murphy

Mr. & Mrs. Dennis Nolan Mr. Sydney Tenenbaum

Platinum Circle: (\$2,500 - \$4,999)

Mr. Raymond Hackbarth Mr. Daniel Bingham & Ms. Gail

Hamner

Ms. Peggie Keib Ms. Lauren Kochian

Ms. Barbara Petitto

Mr. Jim Pitts

Mr. & Mrs. Russell Smith Mr. & Mrs. Jarrod Shupe

Gold Circle: (\$1,500-\$2,499)

Mr. & Mrs. Edward Dabrowski

Mr. Stephen Fournier, Key Bank Mr. Michael Ferony, UPS

Mr. & Mrs. Edward Kochian Mr. Donald McPherson

Dr. & Mrs. John Sanborn

Ms. Sharon Sullivan & Dr. Paul Phillips

Ms. Sandy Radziwon

Ms. Wanda Thompson, PhD

Mr. & Mrs. John Williams

Silver Circle: (\$1,000-\$1,499)

Ms. Evelyn Carter, Wegmans Dr. and Mrs. Howard Weinstein **Bronze Circle: (\$500-\$999)**

Mr. & Mrs. Alfred Falcone

Mr. Chuck Fougnier, Oneida Nation Foundation

Mr. William A. Horsington

Ms. Lynne Ryan

Ms. Carolyn Stark Mr. Joseph Tracy

Ms. Sheryl Wood

Thanks to the dedication of Arc's direct support professionals, Arc resident Mike was able to go on his very

the Arc of Onondaga Foundation, visit our website at www.arcon.org.

2015 Achievement Awards Dinner

\$10,000 and up **Durham School Services**

\$5,000 to \$9,999

Americar Relph Benefit Advisors

\$2,000 to \$4,999

Abbott-Nastri Partnership Robert Kelly General Insurance SUNY Upstate Medical University The Bonadio Group

\$1,000 to \$1,999

ARRIS Barclay Damon, LLP BCI Empire Division Boeheim Enterprises C & S Companies Don McPherson Enterprises, LLC Dunkin' Donuts, Inc. Empower Federal Credit Union Firley, Moran, Freer & Eassa, P.C. Karen and Bill Fisher **Galaxy Communications** Geddes Federal Savings & Loan Assoc. Mr. & Mrs. Mark Hettler K-Mase Productions

Lena and Edward Kochian LeMoyne College Catherine LeMura Mackenzie Hughes LLP Hon, Thomas J Murphy Oneida Wealth Management Dr. Frank Smith St. Joseph's Hospital Summit Software The Bank of New York Mellon The Marrone Law Firm UPS Dr. & Mrs. Howard Weinstein

\$500 to \$999

Welch Allyn

Avalon Document Services Catholic Charities CNY Central Media Group Community Bank, NA **Credit Solutions** Don McPherson Enterprises, LLC Gear Motions Foundation JGB Enterprises, Inc./Generation Power Peggie Keib Kinney Drugs Foundation

Laci's Tapas Bar Modern Kitchens of Syracuse NYSID, Inc. Onondaga Community College Potter Heating & A/C-Perrone Plumbing The Sutton Real Estate Co. LLC Syracuse Behavioral Healthcare Syracuse Stage Tessy Plastics Corp.

\$100 to \$499 7 Enterprises Marketing Firm, LLC ACR Health **Anoplate Corporation** Arise **BCI** Empire Division Alana Bennett Marleen and Michael Bilbo Boeheim Enterprises Bond, Schoeneck & King Bowers & Company CPA's, PLLC Susan and Mark Brandt Mr. & Mrs. Harold Brown Buffalo Bills Carol Bullard Marjorie and Gary Canino James Cannon Alfred Cappuccilli Joyce Carmen The Centers at St. Camillus Centerstate CEO Christian Brothers Academy Susan and Craig Cobb Rachel Colella-Squire Kathleen Colucci Kathy B. Conahan **Dolores Cotroneo** Carol Crandall Martha J. Cuddy Cumulus Media Cusano Associates CPA PC Shirley DeGouff-Brassard Bernadette DeMott Bill Denmark Donna Desiato Dick's Sporting Goods Sharry Dovle Eastern Managed Print Network Judith and Gordon Ever Bridget Farrell Katherine Flack Dr. & Mrs. Gary Freeman Fremont First Associates, LLC Friends of the Rosamond Gifford Zoo at Burnet Park

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Fust Charles Chambers, LLP

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Lynne Ryan

Mary M. and Gary D. Salibrici Anne and Charles Seereiter J. Michael Sills Kathy Siracusa Dr. Frank Smith Jill Stewart Stickley, Audi & Co. Syracuse Auto Dealers Syracuse Crunch Hockey Club Syracuse University Athletics Department Syracuse University Div. of Advancement & External Affairs Ciro Tanfillo Mr. & Mrs. James Taylor Sydney Tenenbaum Tops Friendly Markets Voya Financial Linda and Bill Webster Shirley and James Wiginton Chervl Anne Woloszvn Fred Zaiko

2015 Dunkin' Run Arc Race

\$5,000-9,999 **Boeheim Enterprises** Dunkin' Donuts, Inc.

\$2,000-4,999

First Niagara Bank UPS

\$1,000-1,999

Anaren Microwave C & S Companies Don McPherson Enterprises, LLC Network for Good Relph Benefit Advisors Syracuse Orthopedic Specialists The Bank of New York Mellon The Marrone Law Firm

\$500-999

Avalon Document Services Community Bank, NA Crouse Sports Medicine Galaxy Communications Harbridge Consulting Kinney Drugs Foundation Pathfinder Bank Pinnacle Investments, LLC Rich & Gardner Construction Co., Inc.

\$100-499

AAV Electrical Allstate Diane and Richard Brundage Byrne Dairy Carubba's Collision The Centers at St. Camillus Cicero Family Sports Center Tom Curran

Five Star Urgent Care Fleet Feet Sports Syracuse Friends of the Rosamond Gifford Zoo at Burnet Park Harmony Design Group Ann Hubert IV4, Inc. Jeffrey's Auto Body Inc. K-Mase Productions Liberty Mutual Mackenzie Hughes LLP Oneida Nation Foundation Potter Heating & A/C-Perrone Plumbing Purcell's Wallpaper & Paint Co. Stickley, Audi & Co. Summit Software Syracuse Crunch Hockey Club Terek Living Trust Joseph Thrapp Tommy's Grass & Snow VNA Homecare

Up to \$99

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Steve Baker

John Brown Diane and Richard Brundage Carol Bullard Nancy Burt Margie Chetney Mary Jo Copeland Michelle Cusimano Mita Dutta Christine Dwver Adele Friello Mary Graziano William Greenberg Dr. & Mrs. Thomas Haher David Holden Farah Jadran Kat Kane Maryann Kaufman Erin Kawryga Tim Kohanski Martha Lawson Robert Manfredi Theresa Metallo Keith Mever Alex Millitello Nicholas Murgia Jonas Oesterle Katie Phelan Bridget Ponzo Samantha Randall Robert Kelly General Insurance Samuel Roberts Maryann Roefaro Toni and Jeff Rogers David Slade Anne Sveen Mary Szczech Gary Tarolli Nicole Taylor

Cara Thompson

Tracy Tillapaugh Lynn and Steven Trowbridge Tom Tucci Barbara and Rhys Williams Cui Yuxuan

2015 Annual Appeal & **General Contributions**

\$10,000 and up

JP Morgan Chase P. Drescher Co., Inc. Dr. Klaus Schroder

\$5,000 to \$9,999

The Dorothy and Marshall M. Reisman Foundation Carol Ann Fisher Mary Louise Dunn Fund UPS

\$2,000 to \$4,999

Masue K. Bernholz The Centers at St. Camillus Central New York Community Foundation

\$1,000 to \$1,999

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\$500 to \$999

Tiffany Bird Joyce Carmen Michelle Gillespie Mr. & Mrs. John Horsington Jack And Jill Peggie Keib KeyBank National Association K-Mase Productions Lena and Edward Kochian Susan S. Langley Lucia Family Susan and Dale Marris Sharon and Edward Moran Kristen and Robert Morey Jeannine and Dennis Nolan James Pitts Rotary Club of DeWitt, Inc. Lvnne Rvan Marlin and Russell Smith Carolyn Stark Dr. Paul E. Phillips & Ms. Sharon

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Sullivan SUNY Upstate Medical University Syracuse Crunch Hockey Club United Way Campaign Wegmans Food & Pharmacy Jack Williams

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Terek Living Trust The Benevity Community Fund Susan E. and J. Michael Tierney Pamela VanPatten

Up to \$99

Fred Zaiko AmazonSmile Foundation Mary Barton Emily Bender Walter Beutel Lisa Blake Fred Bohemier Alonzo Brown Mr. Richard E. & Ms. Diane Brundage Katrina Bush-Williams **Emmanuel Calocerinos** James Cannon John Cantwell Alfred Cappuccilli Abby Chinitz Carol Clark Shari Cohen Scott Cole Mr. & Mrs. Eric Coleman Michael N. Copanas Elizabeth and Peter Costello Martha J. Cuddy James Daignault Teri Dashnau Margaret Day Amy DeForge Shirley DeGouff-Brassard Barbara Dennis Mr. & Mrs. George Duffy Vanessa Duncan Diane Egerbrecht Karen Erickson Mark L. Feldman Mr. & Mrs. Louis Fournier, III Kathy Goldman Donald Grant Ronald Grant Fave and Thomas Gregory Linda Harbach Carmell Hart Daniel Heelon Tracy Hinds Meghan Holden David Hollenback Matthew Horan Marie Humez Laura Jackson Shelly Janack Judith and Wayne Johnson Theresa A. Kelly Paulette LaClair Dale Lamphear

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In Memory of Joe Babcock Jeannine and Dennis Nolan

Linda Worden

In Memory of Charles Christiansen Ruth and Robert Buck Joan and Kenneth Christiansen Sara Difelice Helen Hull

In Memory of Betty Crowley Jeannine and Dennis Nolan

In Memory of Ed Kearney Joseph Thrapp

Mary and Hugh Riley

In Honor of Lena Kochian Amy and Dr. Barry Quinn

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In Memory of Edna Nicholas Kathleen and Frank Campagna Doris Cross The Lesser Family

In Memory of Meghaan Robinson

Carrie Bond Marie and Raymond Culotti Tiffanie Gregory Karrie Mosher

In Memory of Bernice Sawicki

Mary Felicia Edward Mokijewski Diane Murphy Pamela and Frank Najdul Mr. Dale Rima Ann Ruston Ann Thomas

In Memory of Margaret Waldruff

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In Memory of Tom Woloszyn

Esther and Paul Desnovers Peter Desnoyers Yvonne and Mark Desnoyers St. Aloyslus Church

In Memory of Keeper

Dan Koegel

2015 Sensory Garden

Sue and Francis Berda Teri Dashnau Margaret Day Barbara Dennis Beverly Fishlock Michelle Gillespie Ellen Gutmaker Lauren Kochian Donna and David Loveland Kristen and Robert Morey Sandra and Michael Radziwon Robert Reaves Lynne Ryan Kelley Scanlon Pamela VanPatten Elmbrook Drive Residence Carolyn Stark

In Kind

Ale & Angus Pub Anyela's Vineyards Asti Caffe Attilio's Resturant & Bar **Avalon Document Services** Bimbo Bakers Bull & Bear Roadhouse Cantina Laredo

Cazenovia Jewelry Kathleen and Stephen Cerminaro The Cheesecake Factory CNY Central Media Group Thomas Cobb Coca Cola Crowne Plaza Syracuse Delmonico's Italian Steakhouse Dick's Sporting Goods Divalicious Desserts The Dog Gone Inn Double Tree Hotel Syracuse Dr. Christopher Pawelek Dunk & Bright Furniture Dunkin' Donuts, Inc. Edgewood Gallery **Empire Attractions Empire Brewing Company** Enchanted Forest/Water Safari Everson Museum of Art Four Seasons Golf and Ski Center Freihofer's Baker Frito-Lay, Inc. Funny Bone Comedy Club Galaxy Communications Gannon's Isle Grimaldi's Luna Park Hampton Inn Hearth Cabinets and More LTD Hofmann Sausage Co. LLC Holiday Inn Chris Holmes Hotel Utica **Hunt Country Vineyards** Husted Dairy, Inc. Ichiban Japanese Steakhouse

iHeart Media Kathy Baker Photography Sarah Kessler K-Mase Productions Lauren Kochian Laci's Tapas Bar Lisa Rossi Photography Lomar Carpet Long Horn Stakehouse Mackenzie Childs Maplewood Inn & Suites Aida A. Mariani Microsoft Store Mike's TV, Appliance & Power Equipment Mirbeau Inn & Spa MOST Murphy's Lock & Alarm New York State Fair **OCRRA** Oneida

Onondaga County Parks

Plumley Engineering, PC

Pole Position Raceway

Massage

Price Chopper

Paparazzi Day Spa

Prime Steakhouse

Phoebes Restaurant

Onongaga School of Therapeutic

Ra-Lin, Inc. Raymour & Flanagan Riley's Tavern Sam's Club Foundation Seabreeze Amusement Park Shakoiwi Cultural Center Sheraton University Hotel Sherwood Inn Spa 500 Stella & Dot Stickley, Audi & Co. Brenda Stone Stu Gallagher Photography Syracuse Banana Syracuse Crunch Hockey Club Syracuse Stage T.I. Fishing Charters Tastefully Simple Taylor Rental The Marrone Law Firm Thompson & Johnson Equipment Co., Inc. Three Brothers Winery Tommy's Grass & Snow Tops Friendly Markets Tri-Cities Opera Company, Inc. Tully's Twin Trees Too! Wegmans Food & Pharmacy Wise Foods, Inc. The Woodbine Group, Inc.

Beat Street Music Co.

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