



17th Annual Arc Race 2011



Saturday, September 10th, 2011

Long Branch Park, Liverpool

5K • Half Marathon • 3K Family Fun Walk •
Kidz 1 Mile Fun Run

We're forming a team!

Join us in supporting Arc Race. Contact:





**We're
forming
a team!**

**5K • Half Marathon • 3K Fun Walk •
Kidz 1 Mile Fun Run**

Saturday, September 10th
Long Branch Park, Liverpool

Our Team Information:

Make sure to register your team by August 30th!

Get additional details at
www.arcon.org

Arc Race 2011 - Team Member Registration



i Team Captain: Please have each team participant complete one of these forms. Make additional copies as necessary, or contact Arc for more materials. Contact Gini Gozzi, Special Events Coordinator at 315.476.7441, extension 1147 or ggozzi@arcon.org for additional information.

Name: _____

Address: _____

City: _____

State: _____

Zip: _____

Phone: _____

Alt. Phone: _____

Email: _____

Age on race day: _____

Gender: F M

Required to accurately place each participant in appropriate category for prizes

Team Information

Team Name: _____

Team Captain: _____

Payment Information

Team is paying for registration

Check or Money Order is enclosed

Credit Card: Visa MasterCard American Express Discover

Credit Card Number: _____

Cardholder Signature: _____

Expiration Date: _____

T-shirt Size: Youth Sm Youth Md Youth Lg S M L XL

Shirts may not available for those who register after August 30th.

Event *Prices valid for registrations until August 30th. Add \$3 for late registrations, \$5 for Race Day signups.*

5K (\$25) Half Marathon (\$30) 3K Fun Walk (\$10) Kidz 1 Mile (\$10)

Please Read and Sign *(required)*

I agree to hold harmless NYSARC, Arc of Onondaga, the Arc of Onondaga Foundation, the Race committee, volunteers, sponsors and Onondaga County from all cost and liability arising out of my participation. I hereby waive all my claims for damage or loss to my person or property which may be caused directly or indirectly from my participation and hereby assume liability for any loss, damage or other liability from Arc Race 2011. I give my permission for medical release should I be involved in any accident or health-damaging situation or should I require a form of medical treatment. I hereby attest that I am in proper health and physical condition to participate. I hereby grant full permission to use any photographs, videotapes, recordings or any other record of this event for promotional purposes. I have read the above release and agree to the terms.

X Signature:

(signature of parent if minor)

Check here to **decline** a complimentary Arc of Onondaga membership. Membership in Arc increases our voice within our state legislature and NYSARC, and is free to you. Check this box *only* if you wish to *decline* your free membership status.